# **BITE!**

# Extreme levels of stress Dog is forced to take action.

### **LUNGE**

Preparation to take action.

Preparing to defend:
Showing teeth
Growling
Flight / withdrawal

#### **FOCUS:**

Loss of calming signals
Close mouth - Freeze

#### **STRESS REACTIONS:**

Panting
Pupil dilation
Shaking off adrenaline
Sweating paws
Trembling / shaking
Whale eye
Hackling

## Low levels of stress

Communication efforts to lower stress levels & perceived aggressive behaviors in others.

**Calming signals:** 

Yawning
Lip licking
Looking away
Turning away
Moving slowly

Displacement behaviors:
Sniffing the ground
Scratching

# THE STRESS ESCALATION LADDER

- Turid Rugaas